## **Creating Sanctuary for Gifted Empaths:** A Learning Lab for Parents & Educators



Saturday, January 16, 2016
Weather Permitting
9:00 am to 4:00 pm
Gifted Development Center
8120 Sheridan Boulevard, Suite C-111, Westminster, Colorado

Capacity to feel and experience other people's joy and pain is part of being human. For gifted youth, this skill can be accelerated, creating confusion and overwhelm.

## Join us to:

- fortify your knowledge of the gifted empathic nature.
- learn ways to help calibrate inner emotional balance.
- develop strategies to offset the stress of the modern world.
- better understand gifted empath relationship pitfalls.
- gain tools to live more comfortably with empathic sensitivities.

Lab fee \$185.00. Contact Gifted Development Center, 303-837-8378 to register.

**Catherine Zakoian, MA, NCC, LPC,** provides counseling, consulting and professional and organizational development services to support gifted young people, adults, families, educators and organizations. She is in private practice and is also an affiliate with Gifted Development Center. <a href="https://www.catherinezakoian.com">www.catherinezakoian.com</a>